

RUN FOR YOUR LIFE! 5K RACE PACKET

Title
Sponsors:



WHAT DOES SHELTERCARE DO?

ShelterCare provides compassionate housing and behavioral health services for individuals and families wanting a safe and stable home in our community.

In 2022-2023, we helped 1,363 people in Lane County move forward on their journey toward housing stability and independence.

Homeless Prevention and Rehousing -

This is a Housing First program that helps households quickly move into permanent housing and stabilize within that housing. It focuses on helping households to exit homelessness as quickly as possible and establish the foundation for permanent housing.

Permanent Supported Housing -

Low or no-barrier housing for individuals who have been chronically homeless and are medically fragile or are living with a mental illness. Clients are paired with a housing specialist who helps residents connect to resources and have access to peer support specialists who teach needed daily living skills.

Short-Term Housing -

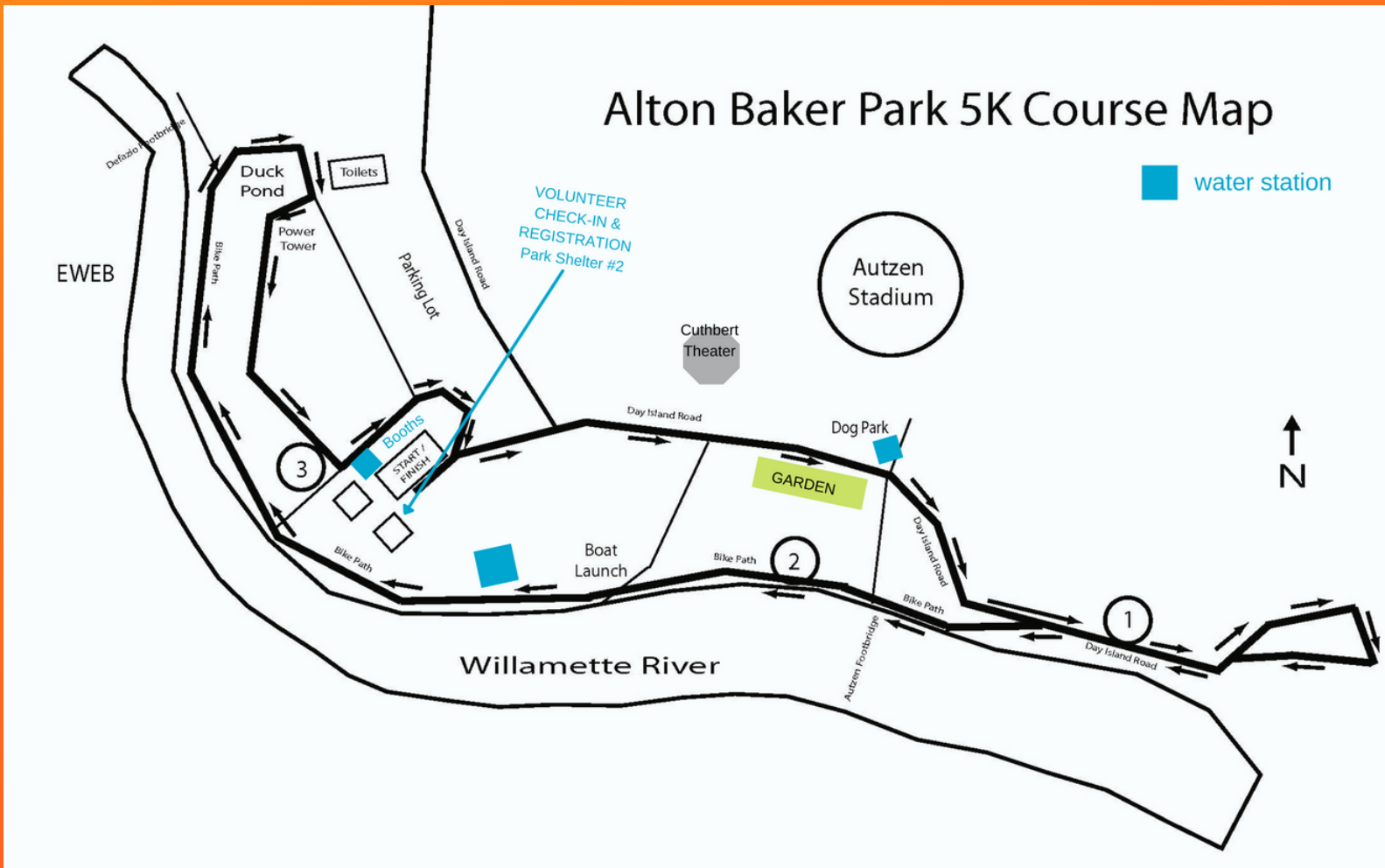
Support and shelter for 3 months to 2 years for adults who are medically fragile, chronically homeless, or frequent users of hospitals and criminal justice systems.

Includes ShelterCare Medical Recuperation (SMR) which is a 18-bed facility that provides safe, emergency shelter for people who are homeless and recently have been discharged from the hospital after an acute medical episode, yet still require limited care.

Behavioral Health Services -

Mental health treatment for individuals diagnosed with a mental health condition, including trauma disorders, which often are related to the trauma and stress of homelessness.

DAY-OF INSTRUCTIONS



Packet pick-up and t-shirt sales begin at 1:30 pm

Go online after you run for your race time

Race begins at 3pm

Visit our vendors!

RULES:

Don't touch the zombies, they won't touch you

No dogs allowed

Follow the arrows

Share photos with #runforyourlife5k



WHERE DO I PARK?



Run for Your Life 5k!

Parking at the race start will be limited!

More parking at: Eugene Science Center, EWEB, and Autzen Stadium

**2300 Leo Harris Pkwy, 500 E 4th Ave, &
2700 Martin Luther King Jr Blvd**

Yip Harburg Foundation



ABOUT THE FOUNDATION

The Yip Harburg Foundation is a nonprofit organization founded by E.Y. "Yip" Harburg in 1981. The mission of the Yip Harburg Foundation is to promote economic and social justice through grants and scholarships. The YHF preserves and enhances E.Y. ("Yip") Harburg's legacy of socially conscious songs and musical plays.

Visit us at:

<https://www.yipharburgfoundation.org/>



Rainbow Valley: Where homes come in all shapes and sizes. (But never haunted.)

Whether it's the Tudor on the hill or the tiny home in Emerald Villages, we believe everyone deserves a roof over their head. That's why we are proud to sponsor ShelterCare's "Run for Your Life!!" and help support the vitally important work they do in our community. Now, more than ever.

**To learn more about Rainbow Valley or the
Emerald Villages Eugene project go to rainbowvalleyinc.com.**

541.342.4871





Proud sponsor of ShelterCare's Run for Your life 5k Fundraiser

Once a year we show our zombie spirit to support "Run for Your Life."

All year long Trillium partners with ShelterCare on housing solutions for the most vulnerable members of our community.

Transforming the health of the community, one person at a time.



THRILL THE WORLD EUGENE



TTWE is a group of 300+ zombie dancers who have been fundraising for ShelterCare since 2012. You won't want to miss the International Thrill the World Dance - a worldwide simultaneous dance to Michael Jackson's Thriller!



**Thrill the World Eugene
Global
Performance**

**October 28th, 3 PM
Amazon Community Center**

**Beergarden
Pint Night**

**October 28th, 6-10 PM
\$1 per pint goes to ShelterCare**



WE GET THE MOST FROM WHAT WE GIVE

Hershner Hunter's attorneys are leaders of some of the region's most recognized **non-profits** and organizations. Like our clients, we believe building a great community takes **active participation** and a fundamental commitment to making this a better place. It's something **we do every day.**

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